



May Menu 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 B- French toast bagel w/ cream cheese, Grape juice, Milk L- Cheeseburger w/ whole wheat bun, Sweet potato fries, Pineapple, Milk S- Chicken in a Biscuit crackers, Milk	2 B- Crispix, Plums, Milk L- Ham, Swiss cheese slice, Triscuits, Diced beets, Mango, Milk S- Pita chips, Hummus, Water	3 B- Cream of Wheat, Strawberries, Milk L- Grilled chicken, Asparagus, Pears, Roll, Milk S- Orange slices, Milk	4 B- Pancakes, Apricots, Milk L- Sloppy Joe's w/ whole wheat bun, Brussel sprouts, Mandarin oranges, Milk S- Wheat Thins, Cranberry juice	5 B- Frosted Mini Wheats, Peaches, Milk L- Mac & cheese, Little smokies, Broccoli, Blackberries, Milk S- Animal crackers, Milk
8 B- Breakfast pizza, Raspberries, Milk L- Steak & cheese w/ whole wheat bun, Corn, Peaches, Milk S- Whole grain Goldfish,	9 B- Rice Krispies, Pineapple, Milk L- Roast beef, American cheese slice, Wheat Thins, Zucchini, Blueberries, Milk S- Strawberry Mini Wheats, Milk	10 B- Yogurt w/ granola, Banana, Milk L- Spaghetti w/ breadsticks, Green beans, Applesauce, Milk S- Cheez-its, Cranberry juice	11 B- Cheerios, Pear juice, Milk L- Fish sticks, Cooked cauliflower, Apricots, Milk S- Sun Chips, Milk	12 B- Sausage biscuit, Pineapple, Milk L- Tuna salad w/ whole wheat pita, Sliced cucumbers, Apple slices, Milk S- Graham crackers, Milk
15 B- Roll w/ grape jelly, Orange juice, Milk L- Salisbury steak, Mashed potatoes, Mandarin oranges, Milk S- Apple cinnamon muffin, Milk	16 B- Life cereal, Pears, Milk L- Turkey, Cheddar cheese slice, Club crackers, Sliced & cooked carrots, Pineapple, Milk S- Banana, Milk	17 B- Waffles, Strawberries, Milk L- Mini corndogs, Cooked broccoli, Peaches, Milk S- String cheese, Pretzels, Water	18 B- Cheese omelet, Apricots, Milk L- Soft shell tacos w/ meat, lettuce, cheese, tomatoes & tortilla, Black beans, Applesauce, Milk S- Chex mix, Milk	19 B- Kix cereal, Diced mango, Milk L- Chicken salad w/ whole wheat bun, Baby carrots, Sliced green grapes, Milk S- Better Cheddar crackers, Milk
22 B- Sausage pancake bites, Apple juice, Milk L- Fish filet w. whole wheat bun, Sweet potatoes, Peaches, Milk S- Raisins, Milk	23 B- Cornflakes, Tropical fruit salad, Milk L- Ham, Swiss cheese slice, Triscuits, Whole grain Ritz crackers, Peas, Apricots, Milk S- Cheddar Chex mix, Milk	24 B- Roll w/ honey, Plums, Milk L- Fish nuggets, Brussels sprouts, Applesauce, Milk S- Raspberry yogurt, Cheerios, Water	25 B- Rice Chex, Pears, Milk L- BBQ chicken, Lima beans, Mandarin oranges, Roll, Milk S- Sliced red grapes, Saltine crackers, Water	26 B- French toast sticks, Pineapple, Milk L- Sun Butter & grape jelly w/ whole wheat bread, String cheese, Baby carrots, Banana, Milk S- Teddy Grahams, Milk
29 CLOSED For Memorial Day	30 B- Oatmeal Squares cereal, Applesauce, Milk L- Roast beef, American cheese, Whole wheat bread, Zucchini, Peaches, Milk S- Triscuits, Milk	31 B- English muffin w/ apple butter, Cranberry juice, Milk L- Hotdog w/ whole wheat bun, Baked beans, Blueberries, Milk S- Blueberry Mini Wheats, Milk	June 1 B- Honey Bunches of Oats, Pears, Milk L- Scrambled eggs w/ mini bagel, Hash rounds, Mandarin oranges, Milk S- Apple slices, Milk	2 B- Baked oatmeal, Banana, Milk L- Whole grain cheese breadstick w/ marinara, Green beans, Blackberries, Milk S- Oyster crackers, Pear juice

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