



March Menu 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		March 1 B- Yogurt w/ granola, Strawberries, Milk L- Spaghetti w/ garlic bread, Green beans, Applesauce, Milk S- Animal crackers, Cranberry juice	2 B- Breakfast pizza, Mandarin oranges, Milk L- Steak & cheese w/ whole wheat bun, Corn, Peaches, Milk S- Frosted Mini Wheats, Milk	3 B- Cheerios, Pear juice, Milk L- Tuna salad w/ whole wheat roll, Broccoli w/ dip, Sliced green grapes, Milk S- Cheez-its, Milk
6 B- Blueberry bagel w/ cream cheese, Orange juice, Milk L- Mini corn dogs, Asparagus, Applesauce, Milk S- String cheese, Pretzels, Water	7 B- Life cereal, Tropical fruit salad, Milk L- Ham, Cheddar cheese slice, Sliced & cooked carrots, Pears, Triscuits, Milk S- Sunchips, Milk	8 B- Waffles, Blueberries, Milk L- Taco salad w/ meat, lettuce, cheese, tomatoes & tortilla chips, Black beans, Mandarin oranges, Milk S- Graham crackers, Milk	9 B- Cheese omelet, Pineapple, Milk L- Whole grain cheese breadstick w/ marinara, Corn, Peaches, Milk S- Better Cheddar crackers, Grape juice	10 B- Berry Berry Kix, Apricots, Milk L- Chicken salad w/ whole wheat pita, Sliced cucumbers, Banana, Milk S- Apple cinnamon muffin, Milk
13 B- Roll w/ honey, Apple juice, Milk L- Fish filet w/ whole wheat bun, Sweet potatoes, Apricots, Milk S- Cheddar Chex mix, Milk	14 B- Cornflakes, Peaches, Milk L- Roast beef, Swiss cheese, Wheat Thins, Cauliflower, Blackberries, Milk S- Raisins, Milk	15 B- Sausage pancake bites, Mandarin oranges, Milk L- Cheese pizza, Brussel sprouts, Mango, Milk S- Apple slices, Milk	16 B- Rice Chex, Pears, Milk L- Scrambled eggs w/ mini bagel, Hash rounds, Blueberries, Milk S- Saltine crackers, Cheese slice, Water	17 B- French toast sticks, Pineapple, Milk L- Chicken Alfredo, Peas, Applesauce, Milk S- Raspberry yogurt, Cheerios, Water
20 B- English muffin w/ apple butter, Cran-raspberry juice, Milk L- Hotdog w/ whole wheat bun, Baked beans, Pears, Milk S- Triscuits, Milk	21 B- Oatmeal Squares cereal, Pineapple, Milk L- Turkey, American cheese, Whole grain Ritz crackers, Baby carrots, Applesauce, Milk S- Teddy Grahams, Milk	22 B- Sausage, egg & cheese biscuit, Tropical fruit salad, Milk L- Fish nuggets, Diced potatoes, Apple slices, Milk S- Strawberry Mini Wheats, Milk	23 B- Honey Bunches of Oats, Peaches, Milk L- Baked chicken, Whole grain noodles, Lima beans, Mandarin oranges, Milk S- Oyster crackers, Apple juice	24 B- Baked Oatmeal, Raspberries, Milk L- Sun butter & grape jelly w/ whole wheat bread, Sliced cucumbers, Banana, String cheese, Milk S- Caramel rice cakes, Milk
27 B- French toast bagel w/ cream cheese, Pear juice, Milk L- Cheeseburger w/ whole wheat bun, Sweet potato wedges, Pineapple, Milk S- Chicken in a Biscuit crackers, Milk	28 B- Crispix, Plums, Milk L- Ham, Cheddar cheese slice, Triscuits, Diced beets, Mango, Milk S- Pita chips, Hummus, Water	29 B- Cream of Wheat, Strawberries, Milk L- Grilled chicken nuggets, Asparagus, Pears, Roll, Milk S- Orange slices, Milk	30 B- Pancakes, Apricots, Milk L- Sloppy Joe's w/ whole wheat bun, Brussel sprouts, Mandarin oranges, Milk S- Wheat Thins, Cranberry juice	31 B- Frosted Mini Wheats, Peaches, Milk L- Mac & cheese, Little smokies, Broccoli, Blueberries, Milk S- Animal crackers, Milk

NON-DISCRIMINATION STATEMENT: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. All milk served is non-flavored 1 % dairy milk *Menu is subject to change without notice due to food/supply chain shortages.