



June Menu 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menu is subject to change due to food/supply chain shortages.		June 1 B- Breakfast pizza, Mandarin oranges, Milk L- BBQ chicken, Peas, Cherry blend, Milk S- Whole wheat Goldfish, Raspberry juice	2 B- Rice Krispies, Apricots, Milk L- Fish sticks, Mixed veggies, Apple slices, Milk S- Mini bagel w/ strawberry cream cheese, Milk	3 B- Pancakes, Applesauce, Milk L- Grilled cheese on whole wheat bread, Cauliflower w/ dip, Banana, Milk S- Berry Berry Kix, Milk
6 B- Toast w/ honey, Peach mango juice, Milk L- Turkey & Swiss cheese w/ whole wheat bread, Diced beets, Mandarin oranges, Milk S- Cheddar Chex mix, Milk	7 B- Cinnamon Chex, Pineapple, Milk L- Shrimp poppers, Potato wedges, Tropical fruit salad, Milk S- Frosted Mini Wheats, Milk	8 B- Cheese omelet, Peaches, Milk L- Three cheese calzone, Green beans, Applesauce, Milk S- Blueberry mini bagel w/ cream cheese, Milk	9 B- Special K, Mixed fruit, Milk L- Chef salad w/ ham, cucumber, tomato & cheese, Berry blend, Whole wheat crackers, Milk S- Apple cinnamon rice cakes, Milk	10 B- Sausage gravy, Biscuit, Pears, Milk L- Tuna salad w/ whole wheat roll, Broccoli w/ dip, Orange slices, Milk S- Wheat Thins, Apple juice
13 B- Whole wheat roll w/ strawberry jelly, Pineapple juice, Milk L- Ham & American cheese w/ croissant, Sliced & cooked carrots, Mixed fruit, Milk S- Triscuits, Milk	14 B- Multigrain Cheerios & strawberries, Apricots, Milk L- Sloppy Joe w/ whole wheat bun, Asparagus, Applesauce, Milk S- Tortilla chips, Salsa, Milk	15 B- French toast sticks, Pineapple, Milk L- Whole grain chicken and cheese burrito, Corn, Mandarin oranges, Milk S- Sting cheese, Sliced grapes, Water	16 B- Cornflakes, Pears, Milk L- Scrambled eggs w/ whole wheat toast, Hash rounds, Tropical fruit salad, Milk S- Caramel rice cakes, Apple juice	17 B- Apple cinnamon baked oatmeal, Peaches, Milk L- Chicken salad w/ whole wheat crackers, Sliced cucumbers, Watermelon, Milk S- Raisins, Milk
20 B- English muffin w/ apple butter, Grape juice, Milk L- Roast beef & swiss cheese on whole wheat bread, California veggie blend, Tropical fruit salad, Milk S- Chicken in a Biscuit crackers, Milk	21 B- Life, Peaches, Milk L- Chicken nuggets, Sweet potato fries, Pineapple, Milk S- Chex mix, Milk	22 B- Waffles, Mixed fruit, Milk L- Cheese ravioli, Spring mix salad, Applesauce, Milk S- Banana, Pretzel sticks, Water	23 B- Western egg frittata, Pears, Milk L- Hotdog w/ whole wheat bun, Baked beans, Raspberries, Milk S- Saltine crackers, Cheese cubes, Water	24 B- Kix, Apricots, Milk L- Sun butter& jelly on whole wheat bread, String cheese, Carrot sticks, Blackberries, Milk S- Teddy Grahams, Milk
27 B- Raisin bread w/ cream cheese, Orange juice, Milk L- Turkey & American cheese w/ whole wheat bread, Sweet potatoes, Pineapple, Milk S- Sunchips, Milk	28 B- Oatmeal Squares cereal, Tropical fruit salad, Milk L- Fish filet w/ whole wheat bun, Lima beans, Mixed fruit, Milk S- Pita chips, Hummus, Water	29 B- French toast, Peaches, Milk L- Pepperoni pizza, Green beans, Peaches, Milk S- Cheerios, Milk	30 B- Sausage links, Tropical fruit salad, Milk L- Mini corn dogs, Brussel sprouts, Cantaloupe, Milk S- Whole grain Cheez-its, Apple juice	July 1 B- Yogurt w/ granola, Strawberries, Milk L- Bean & cheese quesadilla (whole wheat tortilla), Corn, Mandarin oranges, Milk S- Animal crackers, Milk

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All milk served is non-flavored 1 % dairy milk