



September 2024 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED For Labor Day	3 B- English muffin w/ grape jelly, Apricots, Milk L- Turkey & American cheese, Wheat Thins, Diced carrots, Raspberries, Milk S- Caramel rice cakes, Milk	4 B- French Toast sticks, Milk L- Fish filet w/ whole wheat bun, Lima beans, Applesauce, Milk S- Vanilla yogurt w/ Cheerios, Water	5 B- Honey Bunches of Oats, Pears, Milk L- Whole grain cheese breadsticks w/ marinara, Green beans, Apricots, Milk S- Banana, Milk	6 B- Banana Blueberry Cheerios, Cranberry or Orange juice, Milk L- Scrambled eggs w/ whole wheat toast, Diced potatoes, Diced mango, Milk S- Cheese cubes, Saltine crackers, Water
9 B- Crispix, Pears, Milk L- Pepperoni pizza, Corn, Apricots, Milk S- Animal crackers, Milk	10 B- Sausage gravy w/ Biscuits, Applesauce, Milk L- Ham & cheese w/ Whole wheat bread, Broccoli, Pears, Milk S- Cheez-its, Milk	11 B- Life cereal, Diced mango, Milk L- Bean & cheese quesadillas, Corn, Mandarin oranges, Milk S- Blueberry muffin, Milk	12 B- Sausage pancake bites, Diced strawberries, Milk L- Chicken nuggets, Peas, Pineapple, Milk S- String cheese, Pretzels, Water	13 B- Baked oatmeal, Peaches, Milk L- Tuna salad w/ whole wheat bread, Green beans, Blueberries, Milk S- Sun Chips, Cranberry juice
16 B- Yogurt w/granola, Diced strawberries, Milk L- Spaghetti w/ meat sauce, Green beans, Mandarin oranges, Milk S- Chicken in a Biscuit crackers, Milk	17 B- Plain bagel w/ strawberry cream cheese, Pears, Milk L- Turkey & cheese w/ Triscuits, Sweet potatoes, Pineapple, Milk S- Strawberry Mini Wheats, Milk	18 B- Cornflakes, Apricots, Milk L- Salisbury steak, Mashed potatoes, Applesauce, Roll, Milk S- Wheat Thins, Cheese cubes, Water	19 B- Waffles, Peaches, Milk L- Chef salad w/ ham, cucumber tomato & cheese, Diced mango, Milk S- Raspberry yogurt w/ cheerios, Water	20 B- Rice Krispies, Orange juice, Milk L- Chicken salad w/ whole wheat roll, Sliced cucumbers, Blueberries, Milk S- Whole grain Goldfish, Milk
23 B- Multigrain Cheerios, Apricots, Milk L- Steak & cheese w/ whole wheat bun, Sweet potato fries, Diced strawberries, Milk S- Mini bagel w/ berry cream cheese, Milk	24 B- Cheese omelet, Baked apples, Milk L- Roast beef & Swiss cheese, Wheat Thins, Diced beets, Peaches, Milk S- Apple slices, Milk	25 B- Breakfast pizza, Pears, Milk L- Sweet & sour meatballs w/ brown rice, Lima beans, Mandarin oranges, Milk S- Raisins, Pretzels, Water	26 B- Pancakes, Pineapple, Milk L- Fish nuggets, Broccoli, Diced mango, Milk S- Animal crackers, Milk	27 B- Rice Chex, Banana, Milk L- Chicken & cheese nachos, Black beans, Applesauce, Milk S- Cheddar Chex Mix, Milk
30 B- French toast bagel w/ cream cheese, Apple juice, Milk L- Sun Butter & grape jelly w/ whole wheat bread, String cheese, Broccoli, Banana, Milk S- Teddy Grahams, Milk				

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