



August Menu 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 B- Cheerios w/ cream cheese, Pear juice, Milk L- Roast beef & swiss cheese w/ whole wheat bread, Diced beets, Pineapple, Milk S- Cheddar Chex Mix, Milk	2 B- French toast bagel w/ cream cheese, Apricots, Milk L- Cheeseburger on whole wheat bun, Sweet potato fries, Peaches, Milk S- Wheat Thins, Apple juice	3 B- Breakfast pizza, Mandarin oranges, Milk L- Fish nuggets, Green beans, Pears, Milk S- Strawberry Frosted Mini Wheats, Milk	4 B- Blueberry Chex, Honeydew, Milk L- Wholegrain cheese breadstick, Tossed salad, Applesauce, Milk S- Animal crackers, Milk	5 B- Yogurt w/ granola, Strawberries, Milk L- Bean & cheese quesadilla (whole wheat tortilla), Corn, Tropical fruit salad, Milk S- Plain mini bagel w/ grape jelly, Milk
8 B- Whole wheat toast w/ sausage gravy, Cran-Raspberry juice, Milk L- Turkey & cheese on whole wheat bread, Mixed veggies, Milk S- Triscuits, Milk	9 B- Special K, Pineapple, Milk L- Swedish meatballs, Mashed potatoes, Pineapple, Milk S- Tortilla chips w/ salsa, Milk	10 B- Cheese omelet, Apple slices, Milk L- Mini corndogs, Asparagus, Tropical fruit salad, Milk S- String cheese, Sliced grapes, Water	11 B- Cinnamon Chex, Pears, Milk L- Grilled cheese w/ whole wheat bread, Broccoli, Banana, Milk S- Sunchips, Milk	12 B- Pancakes, Mandarin oranges, Milk L- Chef salad w/ ham, cucumber, tomato, & cheese, Blackberries, Whole wheat crackers, Milk S- Teddy Grahams, Apple juice
15 B- Whole wheat roll w/ grape jelly, Peach mango juice, Milk L- Roast beef & swiss cheese on whole wheat bread, Sliced & cooked carrots, Pineapple, Milk S- Caramel rice cake, Milk	16 B- Multi-grain Cheerios w/ strawberries, Apricots, Milk L- Chicken nuggets, Lima beans, Mandarin oranges, Milk S- Animal crackers, Milk	17 B- Sausage pancake bites, Pears, Milk L- Scrambled eggs w/ whole wheat mini bagel, Hash browns, Strawberries, Milk S- Blueberry muffin, Milk	18 B- Berry Berry Kix, Apple slices, Milk L- Little smokies, Mac & cheese, Peas, Raspberries, Milk S- Graham crackers, Pear juice	19 B- Apple cinnamon baked oatmeal, Peaches, Milk L- Tuna salad w/ whole wheat pita, Sliced red & green peppers, Watermelon, Milk S- Raisins, Milk
22 B- Strawberry bagel w/ cream cheese, Cranberry juice, Milk L- Turkey & cheese w/ whole wheat bread, Sweet potatoes, Pears, Milk S- Chicken in a Biscuit crackers, Milk	23 B- Life cereal, Pineapple, Milk L- Sloppy Joe's w/ whole wheat bun, Potato wedges, Tropical fruit salad, Milk S- Strawberry yogurt Chex mix, Milk	24 B- Waffles, Mixed fruit, Milk L- Baked chicken w/ brown rice, California veggie blend, Peaches, Milk S- Banana, Pretzel sticks, Water	25 B- Cornflakes, Pineapple, Milk L- Cheese pizza, Tossed salad, Applesauce, Milk S- Strawberry yogurt, Cheerios, Water	26 B- French toast sticks, Apricots, Milk L- Sun butter & jelly on whole wheat bread, String cheese, Sliced cucumbers, Mixed berry blend, Milk S- Apple cinnamon rice cake, Milk
29 B- English muffin w/ sun butter, Orange juice, Milk L- Ham & swiss cheese w/ whole wheat bread, Broccoli, Pineapple, Milk S- Wholegrain Goldfish, Milk	30 B- Oatmeal Squares cereal, Tropical fruit salad, Milk L- Chicken filet w/ whole wheat bun, Tator tots, Applesauce, Milk S- Cheese cubes, Saltine crackers, Water	31 B- Egg & cheese biscuit, Peaches, Milk L- Spaghetti, Green beans, Pears, Milk S- Graham crackers, Milk	Sept. 1 B- Rice Krispies, Apricots, Milk L- Chicken & cheese quesadilla (whole wheat tortilla), Black beans, Mandarin oranges, Milk S- Pita chips, Hummus, Water	2 B- Breakfast pizza, Mandarin oranges, Milk L- Chicken salad w/ whole wheat roll, Broccoli w/ dip, Banana, Milk. S- Chocolate chip muffin, Milk

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All milk served is non-flavored 1 % dairy milk *Menu is subject to change due to food/supply chain shortages.